TUESDAY 3 NOVEMBER 2026

THE MELBOURNE CUP CHALLENGE 2026

You're invited!

A fun-filled day of gentle movement, racing games, team spirit and fabulous hats!

TIME	LOCATION

WHAT'S ON THE PROGRAM

1. **Horse Derby**
2. **Roll to the Finish**
3. **Jockey Fitness**
4. **Fashions on the Field**
5. **The Cup Grand Final**

Seated and standing options. Everyone can join in!

Dress in your racing colours or wear your favourite hat!

Ask your **lifestyle or activities team** for more information.

Activity pack by Encara
encara.com.au